

Education in Western Canada

Among the administrative duties which come within the jurisdiction of Provincial Legislatures and Governments possibly none are more important and vital to the true welfare and strength of the country than those which have to do with the schools and educational policy. While the Dominion Parliament has the right, in certain contingencies, to override Provincial school legislation, it is hardly to be expected that it will ever do so with general educational policy and administration. The strength or weakness, the success or failure, of the schools of Canada is, therefore, a direct responsibility of the Provinces.

From their inception, the Western Provinces of Canada have placed education, and the creation and development of a strong elementary system of schools, first and foremost in their legislative and administrative programmes. The people have demanded this, and the governments have responded to that demand; governments have in fact brought the way in the introduction of reforms and the adoption of the most advanced methods. The result is that today in almost every city, town, village and rural district, the school is the object of pride on the part of all people and it is accorded their enthusiastic support. The school is the one institution for which large sums of money are willingly voted and in support of which taxes are cheerfully paid.

It is recognized, too, that the elementary school of today is something more than a mere place of teaching children to read, write and count correctly. It is realized that the school is the training ground of citizenship, and that the right type of citizen is the man or woman who possesses not only rudimentary knowledge of the three R's, but who is physically fit to endure the struggles and hardships of life, whose powers of observation, thought, initiative and general intelligence are developed, and whose educational training is of a character to make them fully efficient in their chosen occupation or calling.

Hence, the work of a Provincial Department of Education consists of much more than the organization of school districts, the training of teachers, and the payment of certain grants in support of schools. Realizing that a child cannot pursue his studies to the best advantage and efficiency if he is suffering from some physical defect or disease, Western Governments have created a branch devoted to the hygiene, and staffs of school nurses are employed who visit the schools, report on the system of heating and ventilation, and whether the seating is conducive to health and the development of strong, upright bodies. These nurses examine the children's eyes, teeth, throats, etc., and report defects to the parents. Frequently they visit the homes of defective children and discuss their needs with the parents. In this way defects are found and generally remedied of which parents and child may have been ignorant, while where the cause of ill-health, lack of application, and general backwardness in studies is clearly and healthily habits are taught and their importance emphasized.

Boys' and girls' clubs are organized, school falls, school gardens and plots arranged, and the rudiments of agriculture taught in rural schools, where an intended introduction of agriculture to the children is made while manual and technical training and night schools are provided in urban centres. The girls are given lessons in domestic science and this equipped for the discharge of home duties.

Free text books are supplied in every-branching array of inspectors is employed with a view to a study increase in the efficiency in teaching methods, the standard of qualifications demanded of teachers is being raised year by year. The school is an elementary school administered by school boards. The officers are elected with a view to the best interests of the community and the benefits of an elementary school are put forth to develop schools among the many communities of this Western Canada in order that the younger generation may become imbued with the traditions of the fathers.

These policies, as executed to the future, not only of the children, but of the State itself—because the stability of a State is dependent upon the standard of its citizenship—costs an immense amount of money, especially in these Western Provinces where the demands are great, population very small and widely scattered, and pioneer conditions in many respects still prevail. It is not surprising, therefore, that in Saskatchewan last year the largest single item of expenditure by the Provincial Government was for education. Education called for the expenditure of the Province about one-quarter of the entire Provincial revenue, and what is true of Saskatchewan is approximately true of the other Prairie Provinces.

It will be seen, therefore, that notwithstanding the fact that the Western Provinces do not enjoy the wealth and resources of the Eastern Dominion, and are laboring under poorer conditions which have passed in the other portions of the Dominion, Legislatures and Governments have been encouraging the fundamental duty of government in providing for an intelligent, trained citizenry by laying the foundations for a contented, prosperous and efficient State in the years to come.

Forms Canadian Colony

Finland Ex-Premier and Fellow Exiles Settle On Farms.

Osar, Tokio, formerly premier of Finland, and leader of a band of political exiles, has settled on a farm at North Tustin, Ontario. He is accompanied by 30 fellow exiles who have been banished from their native country. Takeda, the Japanese minister of the Finnish parliament at the time of Kerensky's rise in Russia, was deposed as a result of the revolution and became a political exile. These men have formed a colony of their own at North Tustin, Ontario, being sent to Canada and provided with farms by the British Government.

Work on Jackfish Branch

Work of laying steel along the Jackfish branch of the C.N.R. is well in progress, and another contingent of rails has reached North Battleford, which will enable the construction gang to reach Spruce Lake station. Since the resumption of work, over five miles of steel have been laid, and it is expected 20 miles will be completed before closing operations for the season.

Egypt Buys Perfumes

Egypt is the largest importer of cosmetics and perfumes in the world. It is reported that Egypt has imported \$500,000 worth of perfumes and cosmetics in the first six months of 1938.

You Can't Always Tell a Milk Train

A milk train was stopped by a fire on the tracks near the city of Regina.

The Sturdy Food Values

of wheat and malted barley are combined in

Grape Nuts

as in no other prepared cereal food

Its rich, nutlike flavor attracts and its nourishing qualities are staunch. Unlike most prepared cereals, Grape Nuts needs no added sweetening

SOLD BY GROCERS EVERYWHERE

Quite often the man who is swift and a good dancer makes the slow but sure step.

Finest materials come from Venezuela and Colombia.

SUNDAY SCHOOL LESSON

LESSON FOR JANUARY 16.

OUR ALL FOR THE KINGDOM.

Our lesson title is likely to be misunderstood and therefore the teaching misapplied. Christ did not directly say by implication teach that eternal life could be obtained by piling up possessions.

1. The Young Man (v. 16).

For a full story of the characteristics of this man see Mark 10:17-30 and Luke 18:18-23.

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To Conserve Radium

Want to Employ Precious Substance to Fight Disease Only.

So great is the demand for radium in the treatment of cancer and various malignant diseases that a movement is being made to conserve this precious substance. Radium is a substance which is found in nature and is used in the treatment of cancer and various malignant diseases. It is a substance which is found in nature and is used in the treatment of cancer and various malignant diseases.

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Wheat Production Cost

In Saskatchewan

Bureau of Statistics Sends Out Questionnaire to Crop-Correspondents.

With a view to arriving at a figure which will represent the cost of growing wheat in Saskatchewan the Bureau of Statistics of the Department of Agriculture is sending out very comprehensive questionnaires to its crop correspondents in all parts of the province and to Grain Growers' local and similar associations.

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We Have On Track ONE CAR

**MONARCH
Drumheller Coal**

ORDER NOW!

BOWKER & McKELVEY
DONALD AVENUE

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PONOKA

The Columbia Gramophone

—has a unique feature which makes it a superior machine. It is the automatic stop without the setting inconvenient. Just start the machine with your favorite record and go to your work; the perfect automatic stop will work exactly at the right time.

SEE IT AT THE JEWELRY STORE

W. GLAUSER

WATCHMAKER AND JEWELLER
MARRIAGE LICENSES ISSUED

HERE THEY Are:

Pumping Engines
Pump Jacks
Tank Heaters
Stock Tanks
Grinders
Fanning Mills
Wild Out Separators

Wagons Buggies and Sleighs

Brady & Morgan

Implement Dealers, Custom Grinding,

Coal, Etc.



Dining-Room SUIT

—in Solid Oak Fumed Finish
consisting of Buffet, Round
Extension Table, 5 small
Chairs and Arm Chair in
Solid Leather Slip Seats.

Special..... \$162.50



G. L. JAMES

Phone 63 FURNITURE AND HOUSE FURNISHINGS

Winter Hardware

Gauranteed Axes (Diamond A), the brand of
quality. Velvet Blue finish with White Hickory
Handles

Cross-cut and One-man Saws
Corrugated Stock Tanks
Cast Iron Tank Heaters

Beatty Pumps for deep or shallow wells

A. A. GRAHAM

PONOKA, Alberta

Phone 104

LISTING
OF
TOWN AND
DISTRICT

Local News.

Mrs P. A. McKelvey will not be at home until after February 1st.

Sam Doran was in Calgary last week with a bunch of cattle.

Ed Hinkley has gone to spend a week or two in Victoria, where Mrs Hinkley is sojourning for the winter.

A. Lux and F. M. Cornell have gone on a visit to the coast. They are at present in Vancouver, and expect to visit Southern California before returning.

Mr and Mrs John Fraser left on Friday for their home in New Zealand. They have had a delightful month's sojourn here, and leave many Ponoka friends with regret.

The Bridge Club gave a dance in the Town Hall Tuesday evening. About a hundred couples were present, and the evening was much enjoyed.

School secretaries are much in evidence at present having their books audited, and our local auditors are busy men.

Mrs C. A. Parks has received the sad news of the death of her only son, Thomas Fuller, of Mankato, Iowa.

At the first meeting of the new school board Thos. J. Durkin was appointed chairman. Congratulations.

The young people in town have formed a society—to be known as the Swastika Club—and no doubt they will have an enjoyable busy season.

The name of Vivian Headley (maiden X), was omitted to last week's school report under the students who lost much time through sickness.

Several of our local friends have caught the oil fever, and are contemplating on making the trip to Fort Norman in the spring, to avoid the rush an early start is made.

Joe, Stretch writes from Eugene, Oregon, stating that the conditions there are very favourable, plenty rain, and vegetation is well advanced. He wishes to be remembered to all old friends.

Mr and Mrs W. E. Wilkins left last week for California. Mr Wilkins having signed up with the U.S. air force. During their residence here they were many friends, and they regret to see them go. More especially will our ball team suffer, as Mr Wilkins being one of our leading players.

The Bullock family left for Sand Point, Idaho, having received a hurried call on account of the serious illness of their father, E. K. Bullock, who is on a visit there.

Chas. Hemeyer, of Bismark, was a Herald visitor last week. Although, as he says, the years are creeping on, and his visits to town are not so frequent as in days gone by, nevertheless Mr Hemeyer is as cheerful as ever, and his friends are always glad to see him and have a hand shake.

All ladies interested in curling are asked to be at the rink on Friday afternoon for the opening game.

RIDDOW.—On Monday, January 10th, to Mr and Mrs Robt. Riddow, a son.

Do not forget the series of special services at the Union church, conducted by Evangelist Robinson. The meetings commence every night at 8 o'clock prompt. Sundays 11 a.m. and 7:30 p.m. You are heartily welcome.

Charles L. Farnum has entered the category of returned men, and as for being a veteran, why there is no disputing the fact. He returned on Monday from a short visit to Sand Point, Idaho, and notwithstanding the hardships endured, is being congratulated on how well he looks. He met a number of old Ponokites during his visit, and altogether had an enjoyable holiday.

A letter was received the other day by a townsman from his brother in Exeter, Nebraska, which contained rather interesting news regarding prices ruling there. Hogs were selling at \$7.50, beef 6c, oats 30c, and land at from \$200 to \$500 per acre. Business is very good. In comparison with these prices our local conditions are not so bad, and there is much to be thankful for.

Owing to poor ice rather indifferent play has ruled at the curling rink for several nights. Hopes for the better rate.

Wanted, Dressed Veal. Woodland Dairy, Phone 58.

LANTERN SLIDE LECTURE

Under the auspices of the Phillips Society a lantern slide lecture illustrating "The Merchant of Venice," by Shakespeare, will be given next Thursday evening in the Baptist church at 8 o'clock. No children below Grade VII. will be admitted without their parents.

Any school or church in district wanting to avail themselves to use of the lantern and slides can apply to Mrs. Hester Jackson, Ponoka High School.

CHURCH NEWS

Sunday, Jan. 10th.—Brooks Baptist service at 11 a.m.; Sunday school at 12. Ponoka, 7:30, subject, "Christ Our Passover." The Pentecostal church cordially invites you.

The mid-week meeting on Wednesday evening at 7:30. Meetings are interesting and inspiring. Come and help us.

Choir practice on Wednesday evening at 8:30. All members please be present.

UNION CHURCH

Sunday, Jan. 10.—Commencement of series of special services, conducted by Mr Joseph Robinson, eminent Irish evangelist, 11 a.m. and 7:30 p.m. Everybody invited. Be in time. Chas. Bishop, Pastor. The special services at the Union church will commence at 8 o'clock each evening. The meetings will be preceded by a song service.

Union church choir practice on Friday at 8 o'clock. All members urged to be present.

REXALL CHERRY BARK COUGH SYRUP

FOR

**Coughs, Colds and
Hoarseness**

Pleasant to taste, prompt in action

35c, 60c and 81 sizes

THE BIRD DRUG CO., LTD.

Phone 38

PONOKA, ALBERTA

Kennedy & Russell's

Winter Goods

We are clearing out all lines of

WINTER GOODS

At Greatly Reduced Prices

MEN'S FUR COATS, FUR ROBES

MACKINAW AND SHEEPLINED

COATS

WEATERS, UNDERWEAR, MITTS

AND GLOVES

You will find our Prices on any of above lines entirely

Specials in Groceries

25-lb. Box Seeded Raisins \$5.00
Special Blend Coffee in bulk, per lb. 45c
Good Cooking Flax, per lb. 10c

KENNEDY & RUSSELL

General Merchants

Phone 9

Ponoka, Alberta

NOTICE

TINSMITHING OF ALL KINDS

We are prepared to do Acetylene Welding, Radiator Repairing and Reboiling

Plumbing and Steam Fitting

Gas Engines Repaired

See us about Lightning Rod Wire and the Guarantee that goes with it.

WORK GUARANTEED

BROWN & WIANCKO

Opposite Red's Store
PONOKA ALBERTA

NOTICE

I have taken over the Blacksmith Shop from H. J. Brown and joining the Ponoka Engineering Works, and I am now in a position to do General Engine Repair Work and Blacksmithing. Only Acetylene Welding, my experience in our service.

J. D. Giesco

Dr. Mecklenburg, eye specialist, will be at the Royal Hotel, Ponoka, on Thursday, January 13.

Try a load of Stargen Valley Coal, at \$9.50 per ton, delivered, BRADY & MORGAN.

SECRETARY-TREASURER WANTED

Applications will be received up to January 10th, for the position of Secretary-Treasurer of the Town of Ponoka, also, Pettit Valley Municipal District No. 125.

Salaries—Town Clerk, \$1.00 per month; Treasurer, \$1.00 per month. L.I.D. \$1.00 per month.

An Auditor for 1921 is also required at a salary of \$100.

Further particulars can be had from the undersigned.

W. W. RUSSELL, Mayor

Ponoka, Jan. 12, 1921.

FOR SALE

Saw and Moulded with frame to go on a sleigh—Cornell Bros, Ponoka.

Farms for Sale

A List of B.C. Farms and Acreage.

E. E. OWENS
AGENT FOR THE U.G. CO.

Phone 106 B No. 1, Ponoka

The Best Procurable

A choice Selection of BEEF, VEAL, PORK, LAMB and MUTTON.

Try our Pickled Pork, Corn Beef, Pigs Feet and Tripe.

HOMEMADE SAUSAGE and HAMBURGER A SPECIALTY.

Home Cured Bacon and Home Branded Lard and Dipping

—AT—

THE CITY MEAT MARKET

JENSEN & KLECKNER, Props.

Phone 86

Ponoka, Alberta

A GOOD MIXED FARM

160 Acres of deep black loam soil. 110 Acres under cultivation, balance hay and pasture land. All open and level, on first-class road, 9 1/2 miles from town, phone, rural mail. Barn, 30x40 with hip roof and well fitted up inside, 4-roomed house, granary and chicken house, good well, and is situated 1 1/2 miles from school. This is an extra good Quarter Section and price 1 low at \$10 per acre with terms.

A few good Residences in Town for Sale

J. A. FARRELL

Phone 102

Ponoka, Alberta



THE HERALD

Published at Ponoka, Alberta, every Friday morning.

Subscription price, \$1.00 per annum in advance.

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BANKING SERVICE

This Bank is more than merely a safe place in which to deposit money; it is an institution whose purpose and policy is to assist in the wise direction of the financial and business interests of its customers.

Those who make full use of the exceptional facilities provided by this Bank extend the range of their business possibilities.

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL \$15,000,000
RESERVE FUND \$15,000,000
PONOKA BRANCH, O. E. Clarke, Manager.



To Keep Healthful Lungs Be Watchful

Weekly Health Talk No. 4
By Dr. H. B. Foster, the Chiropractor

Lung membranes are delicate and they serve a purpose so important, that any one who finds himself with a cough, with any trouble that affects the breathing, or a growing weakness that seems due to deficient lung action, it is time to grab the chiropractic opportunity by the forelock.

The lung membranes are under control of spinal nerves. The cause of lung weakness is deficient nerve supply. Just as if the larynx became out of alignment from some disturbance of accident or habit, and the nerve opens a between these joints become uncoordinated. The lung bones burst down upon the soft spinal nerve tissue, the ordinary stimulation of nerve impulses is weakened. The lungs lose tone and health. The chiropractic adjustments remove nerve pressure. Nature gives a cleaner, restful health.

THEY SAID HE HAD TB

"After three doctors said I had TB and I had made application to enter the state sanatorium, I was urged to try chiropractic. I had lost thirty pounds and was living on a glass of milk a day. Under adjustments I was on the road to recovery in a few weeks. Today I am sixty years of age, a Chiropractor and my life." L. C. Pierce, Chiropractor, Regina, Saskatchewan. Phone 1241B.

NO CHARGE
CONSULTATION IS WITHOUT CHARGE OR OBLIGATION

Dr. H. B. Foster

THE CHIROPRACTOR
1111 11th St., PONOKA
PHONE 121

CHIROPRACTIC CORRECTS
DISEASES OF THE FOLLOWING

HEAD
EYES
EARS
NOSE
THROAT
HEART
LUNGS
LIVER
STOMACH
PANCREAS
SPLEEN
SMALL
BOWELS
APPENDIX
BLADDER
UTERUS
VAGINA
LOWER

LOWER PINCHED NERVES, IMPOSSIBLE TO FURNISH PROPER IMPULSES TO THEIR ORGANS AND TISSUES

IND. 65 DLS

FREE NERVES - HEALTH - VIGOR - VITALITY

ESTRAY
Red Molley Yearling Steer, branded W on left hip. Natty W. Gies. Phone 105.

HORSES FOR SALE
I have a number of young horses for sale, mostly bays, good animals of Percheron stock, weighing from 1100 to 1200 lbs. Apply, L. FLEMING, Phone 56.

FOR SALE BY OWNER
Section of land, North half and S.W. quarter of 22-23, west 4, S.W. quarter of 34-35, 23. For sale in Section 23 by the quarter. 232 Acres under cultivation and 500 acres could be broken. No better wheat land in Alberta. 100 acres may be cut on place and have spring of water running under section. Soil water with drainage to the value of \$5000.00 and is all fenced and cross fenced. This property is 10 miles west of west of Baseline and within 12 miles of west of Baseline. Terms - Cash. Make and hold. If taken at once price will be \$25.00 per acre.
HENRY DICK
R.R. No. 1, Twp. 36 S.

BOARS FOR SALE
Registered Duroc Jerseys, size of Perfect Hogs, than Princess Belle choice bunch. - John D. Hickey.

TURKEY FOR SALE
Bronze Turkey Golden for sale. Young bird, 21 lbs., at \$10.
Mrs. L. H. SHATTUCK, Water Glen

FOR SALE
For Sale in Block, half mile from Springfield P.O., 135 bundles of hay. Apply, A. M. MATTHEWS, Chy. man, A to.

STRAY HUNTER
Stray Roan Yearling Heifer, seen on my place about two months. No brand. Owner can have her by paying expenses. J. W. WILKINSON, Phone 12.

J. W. O'BRIEN & SON

HARNESS AND IMPLEMENT DEALERS.
FOR
Gasoline and Kerosene Engines 1 1/2 H.P. Up
Ontario Pumps and Pump Jacks
Fanning Mills and Grain Picklers
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5% Discount on all Leather Goods
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SERVICE

Our motto for the year 1921 will be as always (Service). That is the secret of good business.

We invite all persons who contemplate building during coming year to use us, as that is one of the reasons we draw our salary—to be of service. Now Lumber is down in price. There will be more building, and we hope we can give more and better service.

Come In And Get One Of Our Stockmen's Calendars

Revelstoke Sawmill Company, Ltd.
L. I. STUART, Manager

REMOVAL NOTICE

I HAVE MOVED MY VULCANIZING WORKS TO THE FORD GARAGE.

E. CANNON
Auto Tire and Vulcanizing Works
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Enjoy an evenly heated room when the weather is cold by having a

Hot Blast Heater

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The Best Money Can Buy

ALL KINDS OF HEAVY AND SELF HEAT ARE

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Phone 24 Hardware Merchants PONOKA

LUMBER FOR SALE

ALL KINDS OF NATIVE LUMBER
LARGE AND DIMENSION
ALSO
FIRE WOOD FOR SALE

Hinkley & Son
SAWMILL, PONOKA

FOR SALE
B.L.K. Milking Machine, two double units, in first-class condition; only used 60 days. For particulars, price and terms, apply, A. C. McFadden, Bashaw, Alberta.

ESTRAY
Pound No. 1, M.D. Water Glen No. 325—One Bay gelding, with two white hind feet and kind of light color on nose, weight about 1000 lbs., on visible brand.

ESTRAY
Strayed from the S.W. half 30-43-27, W. 4, in P. 23-28, Red Yearling Steer, with horns, large white star and white marks on legs and body. Was lame to hind ankle when last seen.
FRANK TRENCH, R. 4, Ponoka, Phone 119.

BIDS WANTED
Bids to supply 500 ricks of 16 inch Split Wood for Ferrybank 8-hill will be received up to noon on Tuesday, January 18th.
F. W. LAYBURN, Secretary.

BOAR FOR SALE
Registered Poland-China, yearling. A good individual from an imported sire. Snap price if taken at once.
L. J. AUSTIN, Phone 410.

Stettler Marble and Granite Works

Stettler, Alberta
Manufacturers and Dealers in
Marble and Granite Monuments, Headstones and Tablets
and all Cemetery work
RESETTING AND RELETTERING. ALL WORK GUARANTEED
R. W. Greenizen

To Make a Long Tale Short

Get it down, and to make our prices on lumber popular with builders and home makers we have cut them down also. We will challenge anyone in our line of business to cut down prices on the same quality of high grade building lumber any lower than we have done, and we are offering the very best that is "cut down" from the forest at best rock prices.

W. L. STEELE
LUMBER and IMPLEMENTS PONOKA

Leland Cafe

Meals At All Hours
Farmers and Commercial Trade specially Catered to
Figs, Fruit, Confectionery, Soft Drinks
Mah Yuen & Mah Fat

Battery Storage

IF YOU LAY UP YOUR CAR THE BATTERY should be removed and placed in Storage

A Battery will slowly discharge when standing idle. Serious injury will result if it is not kept charged, and it is not practical to do this by running the engine when the car is not in use.

We are prepared to store a large number of batteries, either dry or wet.

M. G. NEFF

Willard Service Station
Ponoka Alberta

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A CANADIAN GOVERNMENT ANNUITY WILL DO IT
Gives a larger return for life than is obtainable from any other form of investment with absolute security.

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Any person resident or domiciled in Canada over the age of 5 may purchase, to begin at once, or at any later date desired, an Annuity of from \$50 to \$5,000, to be paid in monthly or quarterly instalments. Any two persons may purchase jointly. Employers may purchase for their employees.

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Have them examined, and if Glasses are required, you will get them to suit your eyes properly and in the best and latest frames and styles from

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THE OLD RELIABLE EDMONTON EYE EXPERT
At Royal Hotel, Ponoka, Thursday, January 14th.

STOP! SLEEP! EAT! AT THE WHILE IN EDMONTON A HOME LIKE HOTEL

FOR YOUR MOTHER WIFE & SISTERS
Registered Poland-China, yearling. A good individual from an imported sire. Snap price if taken at once.
L. J. AUSTIN, Phone 410.

